

**Lots of News!**

- 1. Texas Ski Council (TSC) News – New Club!**
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**1. Texas Ski Council (TSC) News – New Club!**

The Texas Ski Council welcomes a new club! Tulsa Ski Club (Tulsa, Oklahoma) officially joined the TSC at the June Delegates meeting. They sent two representatives to the April Bid Fest in San Antonio, and decided to join us. Check them out on their web page: [www.tulsaskiclub.com](http://www.tulsaskiclub.com)

**2. Calendar Items:**

**July 15 - Happy Hour**, 5:30 - Bonefish Grill, 19325 Gulf Freeway (Bay Area at I-45 in the Baybrook Passage shopping center).

**August 6 – Volunteer Appreciation Party** – THANKS to all who have helped! Watch for Evite for details

**August 19 - Happy Hour**, 5:30 - “Super Happy Hour” at South Shore Country Club. Bring your checkbook to renew your membership and sign up for trips!

**Kickoff Meeting, Friday, September 9**, 6:30 – South Shore Country Club.

**Shrimp Boil** – Save the Date! Saturday, October 15, Time TBD

**3. Trips status**

**For Trip Flyers and estimated prices, see the CLASC web page: [www.clasc.org](http://www.clasc.org)**

**Still looking for Trip Leaders and Assistants for some trips.**

**a. Summer Expedition 2016 - Danube Bike & Cruise**, Sept 24 – Oct 1, 2016

TL – Keith Zimmerman, ATL – Ginger Miller

There is still space available, but time is running out! All of the TSC clubs will be on one boat, My Story. Double cabins are available. One club is looking for a single male roommate, one club is looking for a single female roommate. Pre-trip to Budapest, post-trip in Passau with day trip to Oktoberfest.

38 CLASC participants so far.

**b. Traditional- Vail**, Jan 7-14, 2017

TL - Doodie Taylor, ATL – John Glowczwski;

8 people signed up, reservations for 24

**c. Winter Expedition- La Plagne, French Alps**, Jan 21 – 29, 2017

TL- Gayle Brown, ATL - open;

16 people signed up, reservations for 26

Pre-trip to Paris, post-trip in Geneva. First payment, with pre and/or post deposit, is due at Aug 19 Happy Hour.

**d. Winter Shootout- Lake Tahoe, Feb 4 – 11, 2017**

TL –open, ATL-open;

1 person signed up, reservations for 12

**e. Final Showdown- Telluride, Feb 25 – Mar 4, 2017**

TL –open, ATL-open;

3 people signed up, reservations for 20

**f. Spring Break – Keystone, Mar 12-16, 2017**

TL –open, ATL-open;

0 people signed up, 0 rooms reserved.

**g. Club Sailing Trip – British Virgin Islands (BVI), May 6-13, 2017**

TL – Rick Heiman;

20 people signed up, 1 on wait list. Two 10-passenger boats are full, looking for more signups to fill a third boat.

**h. Summer Expedition 2017 - Iceland Adventure, Aug 24 -31, 2017**

TL Keith Zimmerman, ATL- Terry McNearney;

3 people signed up, reservations for 20. Pre-trip in NYC, pos-trip to Bergen, Norway

**4. Where in the World are Steve and Alice?**

Long-time CLASC members Steve O’Brien and Alice Kilgo are sailing the world. They’ve completed their Pacific passage!! They are now enjoying the islands in French Polynesia. Read all about it on their blog: <http://svoceanstar.blogspot.com/>

**5. CLASC Email and Evites – how it works**

The CLASC email and Evite distribution lists include current and former members, and, as a courtesy, anyone who has been a guest or visitor at a CLASC event, or has requested to be added to the list. Adding names to the list: New members are automatically added. For others, go to the web page, [www.clasc.org](http://www.clasc.org), click on Contact, and send a request.

Removing names from the list: If an email address ‘bounces’ several times, and we don’t have an alternate contact, it gets deleted. You can request to be removed from either or both lists by replying to this email, with “Unsubscribe” in the subject line, or use the web page Contact link. Evite provides an “Unsubscribe” link at the bottom of each invitation.

**6. Bod Squad – Surviving the Summer Heat: Hydration**

Summer is upon us and the heat is on! Tips for staying hydrated:

- a. Drink lots of water, before, during and after being out in the heat.
- b. Avoid alcohol, sugary sports drinks, and carbonated beverages during the heat of the day.
- c. Ice-cold beverages are great for helping you feel refreshed, but to quickly rehydrate, drink ‘body-temperature’ water. Your stomach cannot quickly absorb fluids that are colder. Read more here: <http://www.everydayhealth.com/news/unusual-signs-of-dehydration/>

**7. June and July Birthdays**

Belated Happy Birthday to the June celebrants, and catching up to July!

<b>June</b>	
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2	Ken Stuchly
6	Lisa Darnell
10	Glenn Deshotel
18	Elmer Taylor
23	Gary Mohr
25	Dallas Ives

<b>July</b>	
3	Debbie Prusak
4	Karen Ives
5	Regan Geeseman
10	George Becker
12	Bob Spann
15	Rick Heiman
21	Johnnie Person
22	Carl Ramsey
23	Bob Gottlieb
29	Jan Yokley
31	Christine Rubly

Stay Cool!!  
Gayle Brown  
VP Trips